



Accelerate

Transforming wound
and lymphoedema care

Learning with **Accelerate Academy**

Leg ulcer core training

**Education programme in partnership with
Tower Hamlets**



About your course

At Accelerate, education matters to us – a lot. It is an important part of our work. It provides a baseline for transformation in local services, healing rates and patient experience.

The effective management of lower limb oedema requires specialist skills, knowledge and understanding. We firmly believe in the importance of education and the sharing of expertise and experience.

This course is suitable for registered practitioners who manage patients with or at risk of leg ulceration or with chronic swelling.

Session 1 - on-line virtual training

Aetiology and disease progression

This looks at the skin changes along a continuum that are visual signs of skin changes associated with venous and lymphatic disease. At the end of this session you should:

- Have a greater knowledge of predisposing conditions that can cause venous or lymphatic disorders
- Recognise the skin changes associated with venous and lymphatic disease

Theory of compression

This session identifies different theories of compression and how they relate to application of compression. At the end of this session you should:

- Have a greater understanding of the theory of compression in relation to practice
- Understand how different bandage systems work and how to choose the most appropriate for your patient
- Compression hosiery

Dates and times

2 sessions, both of which must be completed before you receive your certificate.

Session 1 - virtual

- Aetiology and disease progression
- Theory of compression
- Vascular assessment
- Leg ulcer assessment and management

Group 1 - 23 rd September 2021	0900 - 1300
Group 2 - 18 th November, 2021	0900 - 1300
Group 3 - 27 th January, 2022	1400 - 1630

Session 2 - face to face workshop

- Practical bandaging
- Compression garments including made to measure hosiery
- Doppler

Group 1 - 30 th September 2021	0900 - 1300
Group 2 - 25 th November, 2021	0900 - 1300
Group 3 - 3 rd February, 2022	1400 - 1630

To book

[CLICK HERE](#)

Contact

Georgina Ritchie, Deputy Director of Education
T 020 3819 6022 | E education@acceleratecic.com

acceleratecic.com



About your course cont'd...

Vascular assessment

This session looks at vascular assessment and identifies the tools required and when to refer onto vascular services. At the end of this session you should be able to:

- Perform a vascular assessment as required and understand what it is recording
- Identify what level of compression can you apply according to the patients ABPI (Ankle Brachial Pressure Index)

Leg ulcer assessment and management

This session looks at vascular assessment and identifies the tools required and when to refer onto vascular services. At the end of this session you should be able to:

- Understand the underlying factors predisposing ulceration and non-healing
- Be an effective assessor of lower limb ulceration in determining appropriate management
- Be able to apply evidence-based knowledge and skills to deliver therapeutic management physiology of leg ulceration
- To adopt a new insight into the impact that leg ulcers have on client, carer, and services

Session 2 - face to face workshop

Doppler

Practical skills workshop in how to perform a Doppler to aid diagnosis and management of leg ulceration and lymphoedema. At the end of this session you should be able to:

- Undertake both hand held and automated Doppler to record ABPI
- How to measure for off the shelf and made to measure hosiery
- Donning and doffing aids: solutions to the successful application and removal of hosiery

Made to measure hosiery and donning and doffing aids

Practical workshops demonstrating off the shelf compression garments including wraps and made to measure garments. Aids to support application and removal of compression hosiery. On completion of this session you will understand:

- How to measure for off the shelf and made to measure hosiery
- Donning and doffing aids: solutions to the successful application and removal of hosiery



About your course cont'd...

How the course is run

Session 1 will be held using our virtual learning environment (VLE) with pre and post learning quizzes, presentations (pre-recorded and live) and Q & A sessions.

You will need to have access to a laptop, tablet or computer with video and sound capability so you can access the VLE effectively. You will also need peace and quiet!

Our VLE is FREE and simple to use - you will need to have your account set up and tested in advance of the training day to ensure there are no connectivity issues.

It's a good idea to have a trial meeting with a friend or colleague to make sure your audio and video are working properly.

We will be using the chat, break out and polling features of the VLE during the course to make the session interactive and we would ask you to participate as if in a face to face situation.

Session 2 will be a face to face practical bandaging workshop which will be held at Accelerate Head Office in the Garden Room, St. Joseph's Hospice, Mare Street, Hackney E8 4SA.

NB please wear suitable clothing for a practical session.

